

HOW ATHLETES CAN MAKE AN IMPACT OFF THE FIELD

6 ways to engage the people in your home

1

WHAT TO PRAY

- Pray for soft hearts and openness to spiritual conversations for those in your house
- Pray that you would recognize the opportunities that present themselves
- Pray for the boldness to step into the awkward and trust God will use you at the appropriate time.

2

QUESTIONS TO ASK

- How has this situation impacted your view of God?
- Is there any thing I can specifically pray for you?
- Can I share with you how I have experienced God in the midst of this?
- Can I share with you what I read in the Bible this morning?
- What can I do to make your life easier today?

3

WAYS TO SERVE

This category is not rocket science. Find ways to bring Shalom into the house. What are the things that just need to get done in the home? Do them without complaining. What are the things that don't need to get done, but would be nice if they did? Do them without grumbling. Show them Jesus by dying to self and serving.

4

RHYTHMS TO CONSIDER IMPLEMENTING

- Ask if you can pray before meals
- Take the headphones off and listen to Christian music out loud
- Listen to a sermon or faith based podcast out loud
- Read the Bible every morning at the kitchen table/living room couch

5

INVITE THEM IN

- Find a Bible reading plan, commit to it, and ask your parents to join you
- Find a week long devotional from YouVersion (Download the app) and ask them to go through it with you
- Ask them to listen to an online sermon with you
- Find a Bible study and ask them to do it with you each night of the week.

6

ACTIONS TO AVOID

- Staying locked in your room
- Wearing headphones everywhere/constantly staring at your screen
- Thinking you need all of the stars to align before you engage them in a spiritual conversation